

## Mission Statement

“Serve as the Hub of the Community by providing quality services and support, while striving to enrich lives and empower people to help them realize their full potential.”

## About Us

The Tulelake/Newell Family Resource Center was the first of ten FRCs in Siskiyou County. It was established through Even Start Funds by T.E.A.C.H., Inc. We offer a variety of services such as adult and child mental health services, health and nutrition promotion programs, services for seniors, resource and referrals, and volunteer opportunities.

Our core values are to reach out to EVERYONE in the community. Not only in times of need but every day-to-day life. We strive to build families' strength and capacity, honor diversity, and act with integrity. The Tulelake/Newell Family Resource Center encourages community members to be actively involved in our programs and services to better their lives and the community as a whole.

A family resource center is a place where services and support are available for the entire community. We provide a safe and nurturing environment for socialization and education opportunities.  
Community helping Community.



## Tulelake/Newell Family Resource Center

A division of T.E.A.C.H., Inc.

810 Main Street  
P.O. Box 790  
Tulelake, CA 96134  
Phone: (530) 667-2147  
Fax: (530) 667-2772



## Tulelake/Newell Family Resource Center

Building strength  
within the community

*“The Family Resource Center staff is very helpful and welcoming!” - Sandra, Community Member*

## What does the Tulelake/ Newell Family Resource Center offer the Community?

### Resource and Referrals for Modoc and Siskiyou Counties

- **Emergency Food Bank**
- Assistance with **Healthy Families** and **Medi-Cal** applications
- Assistance with housing search and applications
- **Energy Assistance application assistance**
- **Employment Search**, “*Dress for Success*” clothing, and resume assistance
- **Translation Services**
- Family Law Assistance
- **New Parenting Kits**
- Car Seat and Helmet Safety Classes (Eligibility Requirements)
- **Computer, Fax, and Internet Access** (public computer lab available during open hours)

*“Literacy is a ladder out of poverty, but we must be fit to climb that ladder.”*

**Morgan Freeman**

The Tulelake/Newell Family Resource Center serves two rural towns with a combined population of less than 1500 people. In a year, through support from First 5 Siskiyou, we distribute over 1,500 books to children in our community and provide nutrition and physical fitness activities to children age 0-5 nearly 600 times. We not only serve children at our center but the community as a whole. With all our programs and activities we see about 600 community members



Tulelake/Newell Family  
Resource Center  
Hours of operation and  
appointments for services

### Hours:

Monday—Friday 8 AM—4PM  
Closed 11 AM—1 PM

### Appointments:

Please call the TNFRC @ 667-2147

## What other services does the Tulelake/Newell Family Resource Center offer the community?

### Family Cooking Socials

Healthy taste testing & tips to help prepare and cook healthier meals. FREE childcare is provided with physical fitness activities for children.

### Family Fun Nights

FREE childcare is provided

### Support Groups

For various ages and genders

### Parenting Education Classes/Workshops

To enrich the lives of all expecting parents, parents, and grandparents. FREE child care is provided

### Adult and Youth Drop-In Center

BINGO, Soup Socials, Crafts, and Physical Fitness Activities

### Mental Health Services

We provide FREE mental health services and support for all ages

### Drop-In Playgroups

Parents can come in and utilize the play area for a creative, and nurturing atmosphere and also access parenting resources.

### Community Service/Volunteer Site