

February 2024 MENU

Café 906

T.E.A.C.H. SENIOR SERVICES

906 W. 4TH STREET
ALTURAS, CA 96101

Please Call for
Reservations

(530) 233-5556

Menus are subject to change
without prior notice!

Suggested Donations:

Seniors Regular Meal \$4.00
Seniors Salad Bar \$3.00
Seniors Special Meal \$6.00
Non-seniors Regular Meal \$8.00
Non-seniors Salad Bar \$5.00
Non-seniors Special Meal \$9.00

DIETARY INFORMATION

All menus contain 1/3 RDA as set by
CDA

Protein Source: 2 oz. meat or
alternate – ½ cup servings

+VIT. C Source:

*VIT. A Source:

Fruit or Vegetable:

1% Milk: 8 oz. Daily

Happy
Valentine's
Day

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1	Pork Chop w/Gravy Green Beans ww Bread Milk Salad	2	Tuna Sandwich Beef w/ Vegetable Soup Orange ww Bread & Cracker Milk
5	Closed	6	Hawaiian Ham w/Luau Rice Carrots Black Beans ww Bread Milk Salad	7	Closed	8	Special Meal ♡ Creamy Parmesan Chicken Mixed Veggies Red Roasted Potatoes Red Velvet Cake ww Bread Milk Salad	9	Ham & Cheese Sandwich Albondigas Soup Diced Pears ww Bread & Cracker Milk
12	Closed	13	Chicken w/Gravy Green Bean Casserole ww Bread Chocolate Pudding Milk Salad	14	Closed	15	Spaghetti Corn ww Breadstick Milk Salad	16	Roast Beef Sandwich Broccoli Soup Apple ww Bread & Cracker Milk
19	Closed	20	Tamale Pie Peas Black Beans ww Bread Milk Salad	21	Closed	22	Meatballs w/Marinara Cauliflower ww Bread Noodles Cherry Crisp Milk Salad	23	Chicken Tenders Tomato Bisque Soup Green Beans Mixed Fruit Cup ww Bread & Cracker Milk
26	Closed	27	Chicken Cordon Bleu Brussel Sprouts ww Bread Rice Krispy Treat Milk Salad	28	Closed	29	Meatloaf w/Gravy Corn ww Garlic Breadstick Mandarins Milk Salad		