January 2024 MENU

Café 906

T.E.A.C.H. SENIOR SERVICES

MONDAY			TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1		2		3		4	BBQ Chicken	5	Clam Chowder Soup	
	Closed		Closed		Closed		Green Beans ww Bread Buttered Noodles Jello w/Fruit Milk Salad		Corn Tater-Tots Pear ww Cracker Milk	
8		9	Chili Relleno Casserole	10		11	Lasagna	12	Chicken Salad Sandwich	
	Closed		Carrots ww Bread Mexi-Rice Milk Salad		Closed		Mixed Veggies ww Garlic Bread Nilla Pudding Milk Salad		Corn Chowder Mandarins ww Bread Milk	
15		16	Chicken Lombardy	17		18	Kielbasa w/Pasta	19	Tuna Sandwich	
	Closed		Peas Garlic Noodles ww Bread Peach Cobbler Milk		Closed		Asparagus Black Beans ww Bread Milk		Creamy Potato Soup Diced Peaches ww Bread	
00	1	00	Salad Creamy Burrito	0.4	1	05	Salad Chicken Alfredo	00	Milk Roast Beef Sandwich	
22	Closed	23	Cauliflower Pinto Beans ww Bread Milk Salad	24	Closed	25	Brussel Sprouts ww Breadstick Banana Bread Milk Salad	26	Broccoli Soup Applesauce ww Bread Milk	
29		30	Tamali Pie	31						
	Closed		Corn & Carrots ww Bread Corn Bread Strawberry Fluff Milk Salad		Closed					

906 W. 4TH STREET ALTURAS, CA 96101

<u>Please Call for</u> <u>Reservations</u>

(530) 233-5556

Menus are subject to change without prior notice!

Suggested Donations:

Seniors Regular Meal \$4.00 Seniors Salad Bar \$3.00 Seniors Special Meal \$6.00 Non-seniors Regular Meal \$8.00 Non-seniors Salad Bar \$5.00 Non-seniors Special Meal \$9.00

DIETARY INFORMATION

All menus contain 1/3 RDA as set by CDA

Protein Source: 2 oz. meat or alternate – ½ cup servings +VIT. C Source:

*VIT. A Source: Fruit or Vegetable: 1% Milk: 8 oz. Daily

