

May 2024 MENU

Café 906

T.E.A.C.H. SENIOR SERVICES

906 W. 4TH STREET
ALTURAS, CA 96101

Please Call for
Reservations

(530) 233-5556

Menus are subject to change
without prior notice!

Suggested Donations:

Seniors Regular Meal \$4.00
Seniors Salad Bar \$3.00
Seniors Special Meal \$5.00
Non-seniors Regular Meal \$8.00
Non-seniors Salad Bar \$5.00
Non-seniors Special Meal \$9.00

DIETARY INFORMATION

All menus contain 1/3 RDA as set by CDA

Protein Source: 2 oz. meat or alternate – ½ cup servings

+VIT. C Source:

*VIT. A Source:

Fruit or Vegetable:

1% Milk: 8 oz. Daily



<i>MONDAY</i>		<i>TUESDAY</i>		<i>WEDNESDAY</i>		<i>THURSDAY</i>		<i>FRIDAY</i>	
				1	Closed	2	Beef Enchiladas Green Beans Rice ww Bread Churros Milk Salad	3	Chicken Alfredo Broccoli Applesauce ww Breadstick Milk
6	Closed	7	Pork Chop w/Gravy Green Beans Noodles ww Bread Milk Salad	8	Closed	9	Chicken Cordon Bleu Special Meal Broccoli Scalloped Potatoes ww Dinner Roll Peach Cobbler Milk Salad	10	Salisbury Steak Peas Mashed Potatoes w/Gravy ww Bread Banana Milk
13	Closed	14	Tamale Pie Mexi-Corn Refried Beans ww Bread Brownie Milk Salad	15	Closed	16	Chicken w/Pineapple Peas & Carrots Rice ww Bread Milk Salad	17	Sloppy Joe- ww Bun Pork & Beans Cauliflower Cutie Orange Milk
20	Closed	21	Chicken w/Gravy Corn & Carrots Stuffing ww Bread Vanilla Wafer Pudding Milk Salad	22	Closed	23	Chicken Tenders Peas Baked Beans ww Bread Milk Salad	24	Ravioli w/Marinara Roasted Red Potatoes Mixed Veggies ww Bread Purple Grapes Milk
27	Closed Memorial Day	28	Chicken Fried Steak Green Beans Mashed Potatoes w/Gravy ww Bread Strawberry Fluff Milk Salad	29	Closed	30	BBQ Chicken Corn Noodles ww Bread Milk Salad	31	Turkey Hot Dog-ww Bun Butternut Squash Tater-Tots Apricots Milk