NorCal
Continuum of Care ™

2018
COMPREHENSIVE
POINT-IN-TIME REPORT

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Introductions

Background

The Northern California Continuum of Care (NorCal CoC) is a seven-county consortium, which consists of Shasta, Siskiyou, Sierra, Modoc, Del Norte, Plumas, and Lassen Counties coordinated by an executive board in Redding. The NorCal CoC is required by the U.S. Department of Housing and Urban Development (HUD) to conduct a Point-In-Time (PIT) study each year allowing communities access to important, person-specific data that has helped them prioritize their most vulnerable and chronically homeless neighbors for permanent housing to begin moving them off the streets more quickly and efficiently. The PIT helps HUD and local CoCs to understand the number and characteristics of homeless individuals sleeping in shelters or on the street or other places not meant for human habitation. This one-night, unduplicated count of sheltered and unsheltered homeless people within each CoC is reported using a standardized chart with various populations and subpopulations of homeless individuals and families. HUD requires that each CoC use reliable methods to conduct its count and reserves the right to ask communities to verify their data. For more information on PIT counts, please visit: http://www.hudhre.info/2012PIT/.

The annual Point-In-Time (PIT) Count of the Homeless, provides a statewide snapshot of homeless households in our communities; where they find shelter, what their needs are, and what factors contribute to making them homeless. The 2018 Count reveals important demographic and other information about families and individuals who were homeless on the night of January 22, 2018 and was carried out with the help of government agencies, community-based organizations, and local volunteers.

The count is planned, coordinated, and carried out locally, and the information gathered enables each community to better allocate housing resources and services in order to prevent and end homelessness. The data collected serves as a measure for how the community is resolving homelessness, and provides the federal and state government information to determine funding need and eligibility. The PIT is accompanied by the Housing Inventory Count (HIC) that details the number of beds that are available to meet the immediate housing needs of those individuals without homes.

As the lead agency for the NorCal CoC, Shasta County Community Action Agency is responsible for conducting the count and submitting the data found in this report to HUD each year. Information regarding the CoC may be accessed here: website www.norcalcoc.org.

Understanding the pattern of homelessness allows the CoC community to develop programs and strategies to prevent and reduce homelessness. The 2018 data indicated there may not be adequate diversion and prevention services to keep people from becoming homeless.

The Parts of the Continuum

According to HUD, a CoC is "a community plan to organize and deliver housing and services to meet the specific needs of people who are homeless as they move to stable housing and maximize self-sufficiency. It includes action steps to end homelessness and prevent a return to homelessness." HUD identifies four necessary parts of a continuum:

- Outreach, intake, and assessment in order to identify service and housing needs and provide a link to the appropriate level of both;
- Emergency shelter to provide an immediate and safe alternative to sleeping on the streets, especially for homeless families with children;
- Transitional housing with supportive services to allow for the development of skills that will be needed once permanently housed; and
- Permanent housing (with and without supportive services) to provide individuals and families with an affordable place to live with services if needed.

CoCs are tasked to track and manage the homeless community in their area. One of most important activities entrusted to CoCs is the annual count of the homeless population and an annual list of emergency systems, transitional housing units, and beds that make up the homeless assistance systems. These counts provide an overview of the state of homelessness in a CoC, and offer the information necessary to redirect services, funding, and resources as indicated. The CoC also administers these services, offering both prevention strategies and homeless assistance programs to assist those at-risk of or experiencing homelessness.

Acknowledgement

The NorCal CoC would like to thank all Point-In-Time Coordinators, homeless service providers, agencies, and volunteers who participated in the 2018 PIT Count.

County Liaisons

Del Norte County: Jesse Ferguson and Rebecca Green
Modoc County: Kelly Crosby and Erica Tassone
Lassen County: Jenna Aguilera
Plumas County: Cathy Rahmeyer
Shasta County: Sandra Oswald
Sierra County: Cathy Rahmeyer
Siskiyou County: Ed Pecis

Finally, a special acknowledgement is given to all the respondents who were willing to share personal information about themselves and their households' experiences in order to help our communities better understand and assist the homeless.

Requirements for the Count

As part of its Continuum of Care (CoC) application for homelessness funding, HUD requires that jurisdictions across the nation conduct a statistically reliable and unduplicated count of the homeless for one overnight period during the last 10 days of January. In the Point-In-Time Count, each county must count and report all individuals and families who meet the criteria in paragraph (1)(i) of the homeless definition in 24 Code of Federal Regulations 91.5 of HUD's Homeless Definition Rule on the night designated for the count. This includes individuals and families who are:

- Sheltered, or "living in a supervised publicly or privately operated shelter designated to provide temporary living arrangement (including congregate shelters, transitional housing, and hotels and motels paid for by charitable organizations or by federal, state, or local government programs for low-income individuals)," or
- Unsheltered, "with a primary nighttime residence that is a public or private place not designed for or ordinarily used as a regular sleeping accommodation for human beings, including a car, park, abandoned building, bus or train station, airport, or camping ground."

Because this report focuses on those respondents who meet HUD's definition of homeless, it does not include information about those who may be at risk of homelessness, precariously housed, or considered homeless under other federal statutes. Persons who, on the night of the count, were living doubled up with another household, living in illegal or overcrowded units, being discharged from a jail or health facility with no subsequent residence, scheduled to be evicted, or paying for its own motel unit were not considered homeless. All survey information collected for respondents who were at risk of homelessness or precariously housed was preserved and shared with each community for local planning purposes, but is not included in this report unless otherwise noted.

Data Collection Method

Requirement of the Count

The NorCal CoC provided each Country Coordinator with in-person training, print training guides, a practice online survey tool, and technical assistance to aid in the data collection process. Point-In-Time Coordinators in each county disseminated PIT training materials and helped facilitate local planning around implementation of the PIT Count in their communities.

The count of homeless persons who were sheltered and unsheltered during the point in time was conducted using a Paper Survey tool, and personal interviews. This strategy was designed in accordance with HUD guidance regarding conducting both sheltered and unsheltered Point-In-Time Counts.

Limitations

The information presented in this report is based on survey interviews. In some cases, survey respondents did not answer every question completely. For this reason, all charts presented in this report will be based on the responses received, while all percentages will be based on the total households or individuals served and may not equal 100% in each category due to possible unreported data.

Because the Point-In-Time Count represents only one night during the last ten days of January, it is widely accepted that the PIT will undercount the overall homeless population. Undercounting may occur due to difficulty finding those living on the street, incomplete information for people who do not agree to complete the survey, a shortage of volunteers to cover a geographic area, or homeless persons choosing not to seek housing services on the night of the count. This data should not be viewed as a comprehensive measurement of all families and individuals who experience homelessness throughout the year, but rather as a minimum number of persons who experience homelessness on a given night.

In 2018, Modoc County was unable to conduct the Point-in-Time Count. Sierra County reported having no homeless individuals or families on the day of the PIT Count.

Point-In-Time Count Data

Key Findings

The PIT effort collected surveys from 1,149 people in 937 households across the NorCal CoC, which consists of Shasta, Siskiyou, Sierra, Del Norte, Plumas, and Lassen Counties. Children were present in 56 households and 879 households were made up solely of adults. The number of individuals counted has increased from the 2017 PIT study.

The 2018 data reveals that there may not be adequate diversion and prevention services to keep people from becoming homeless. Over one-third of the people surveyed had been homeless over a year in their current homeless episode, which indicates that individuals who are frequently homeless are often homeless for extended periods.

The following are other key findings from the study:
- 84% of homeless individuals are adults, 25 years or older.
- 94% of the households do not have children present.
- There were two minor unaccompanied youth households (younger than 18).
- There were 46 transition age youth (between 18 and 24 years old) living without a parent.
- 64% of the individuals were male.
- 124 veterans completed a survey, and 63 veterans were chronically homeless.
- 371 adults reported being a victim of domestic violence.
- Adults with a serious mental illness (267 or 23%), substance use disorder (273 or 24%), or living with HIV/AIDS (6 or 0.5%) was reported by participants completing the survey.

Number of Homeless 2015 - 2018

Number of Homeless Persons by Reporting County

7
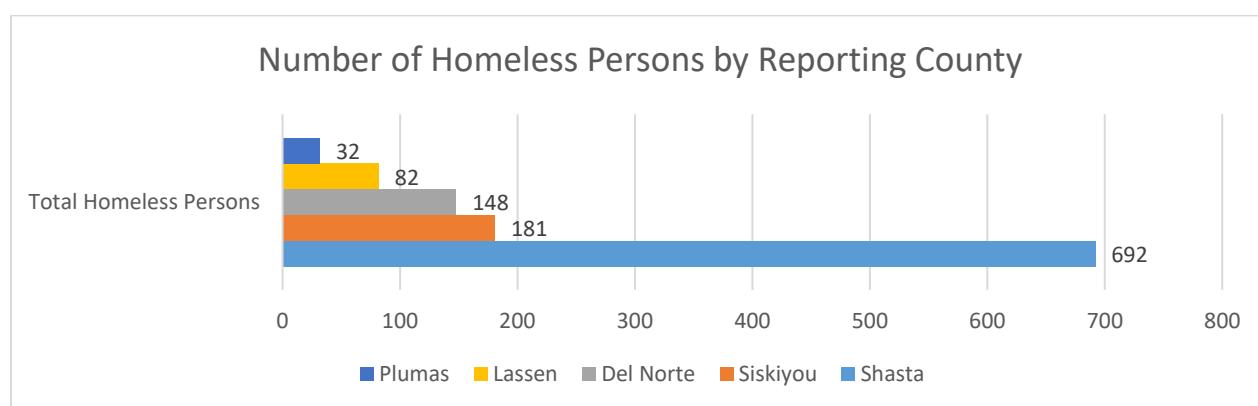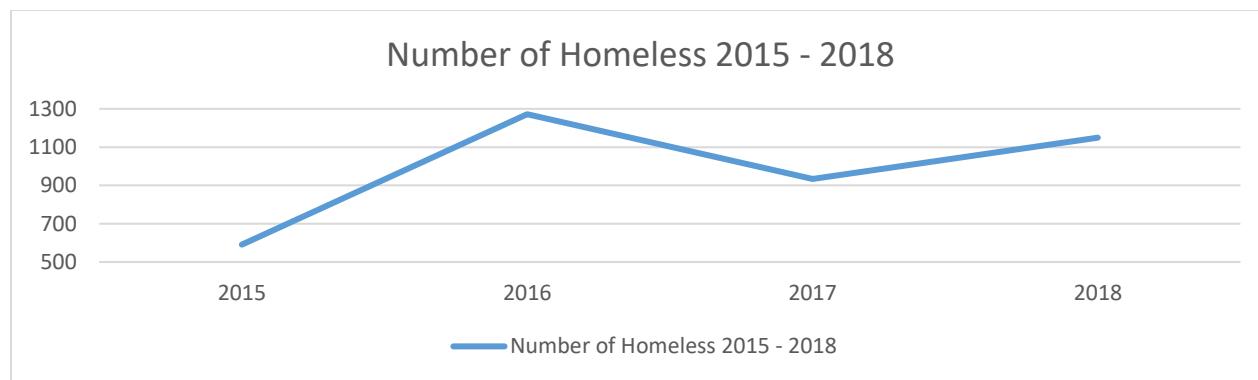
Demographics

Chronically Homeless

HUD defines chronic homelessness as someone who has been homeless for over one year, or someone who has been homeless four or more times over three years, with the cumulative time totaling at least one year. In addition, a chronically homeless individual must have a disabling condition. If one individual in a household is chronically homeless, all household members carry that distinction. CoC's are required to report the number of people meeting the definition of chronically homeless in the PIT, as well as the number of beds reserved specifically for them.

HUD has established the goal of ending chronic homelessness by 2018. This subpopulation is arguably the most difficult to house and serve due to the toll of long-term homelessness on physical and mental wellness. Applying the definition of chronic homelessness to the individuals who completed the survey, there were 431 people meeting that qualification. Based on the surveys collected, more than half of the people experiencing homelessness were chronically homeless. This is a 26% increase in the number of people experiencing chronically homeless in 2017, at which time it was reported that 341 people were chronically homeless.

Chronically Homeless 2015 - 2018

Chronically Homeless by Reporting County
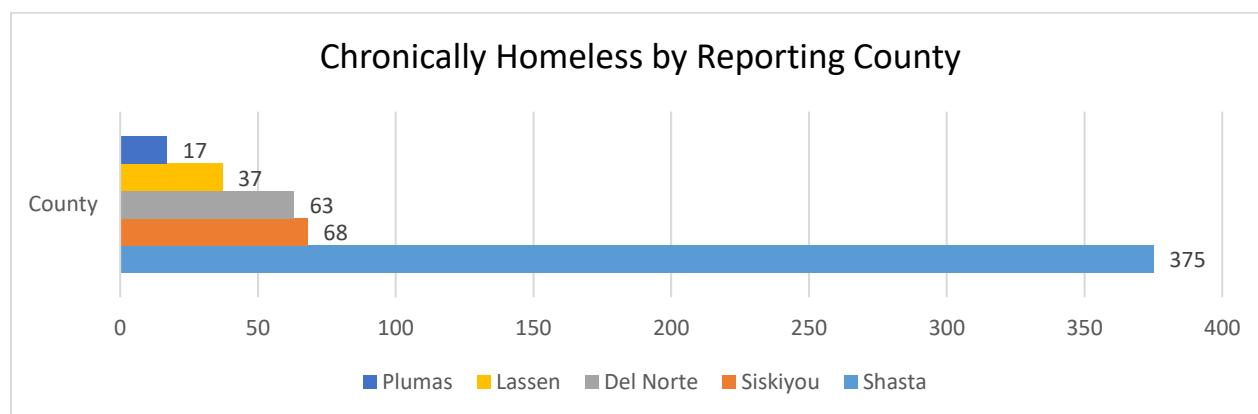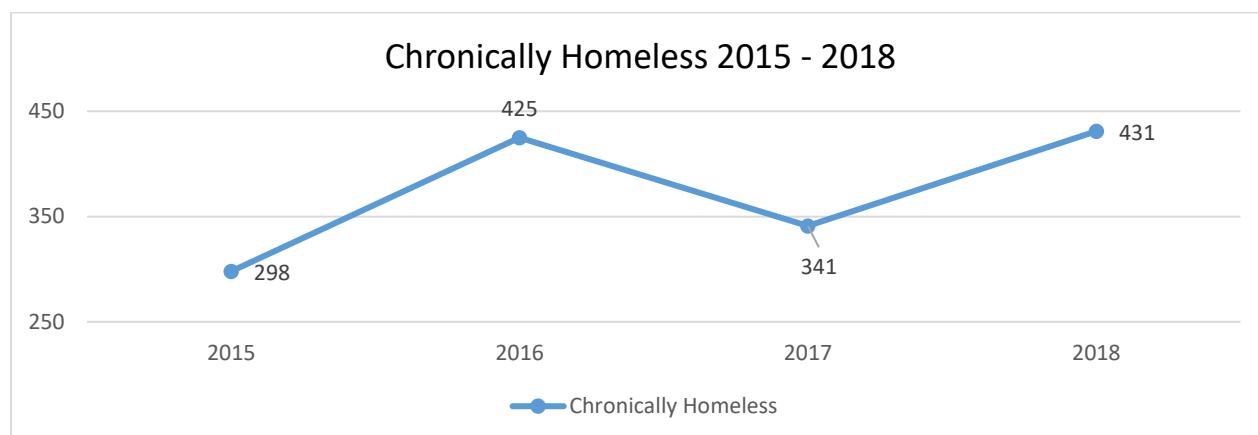
Veterans

HUD has asked CoC's to prioritize housing and services to veterans with the goal of ending veteran homelessness by the end of 2015. Shasta County was unable to reach this goal.

- There were 124 veteran individuals who completed the PIT survey.
- No veteran households had children present.
- There were 102 males and 22 females.
- There were 63 veterans (51%) that met the qualification of being chronically homeless.

Homeless Veterans 2015 - 2018

Homeless Veterans by County
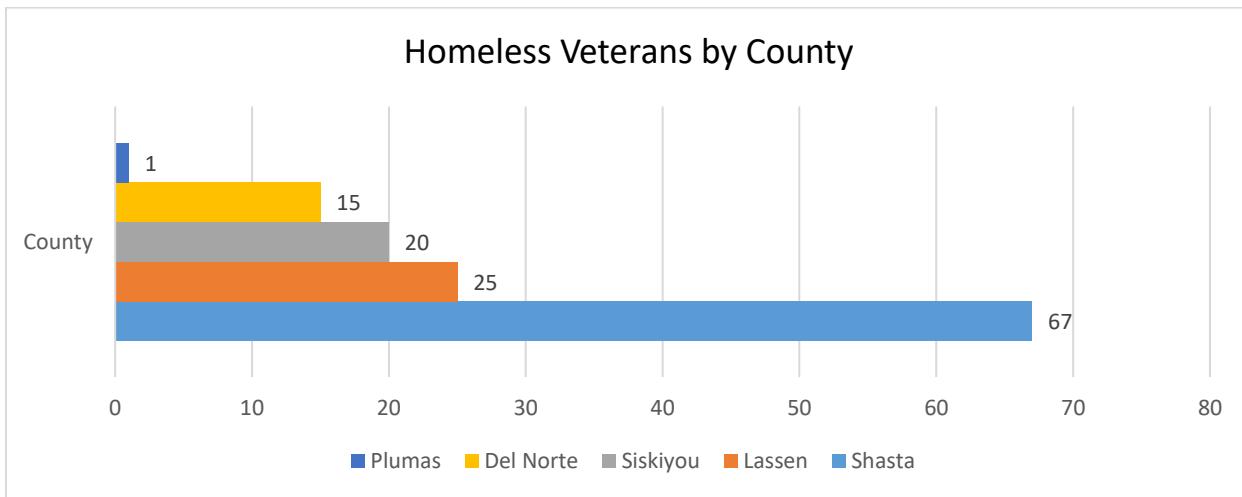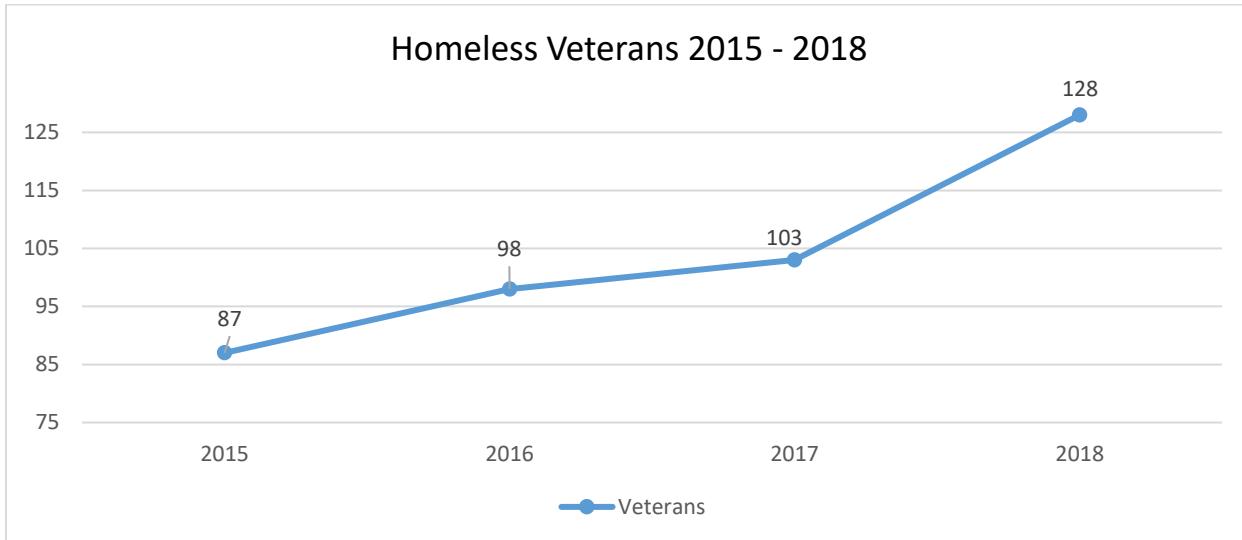
Gender

The majority of survey participants identified as male (64%), and a third of the survey participants identified as female (36%). The number of survey participants that identified as transgender or non-conforming was too small to support effective data analysis.

Gender 2015 - 2018
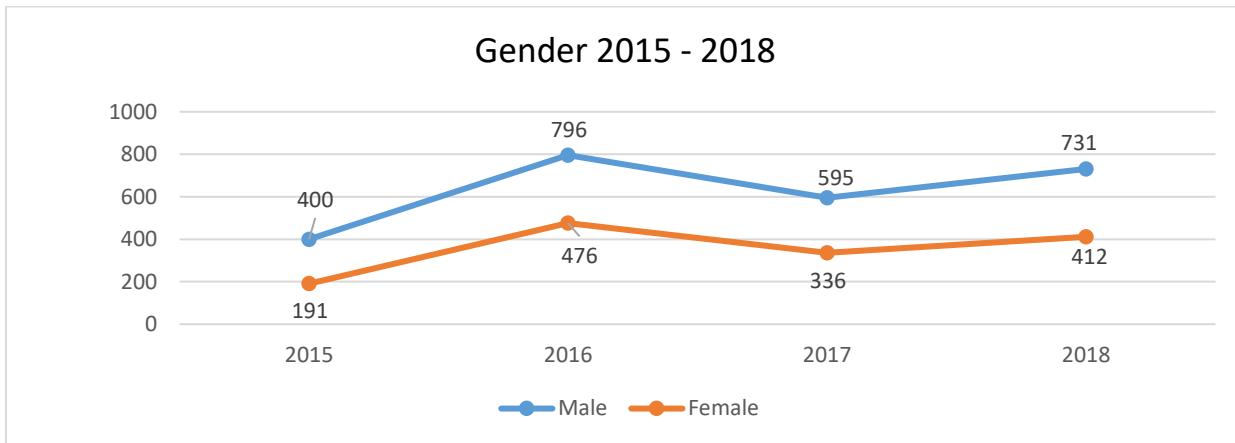
* In 2017, 2 individuals identified as transgender.
* In 2018, 4 individuals identified as transgender and 2 individuals did not identify as male, female or transgender.

Gender by County
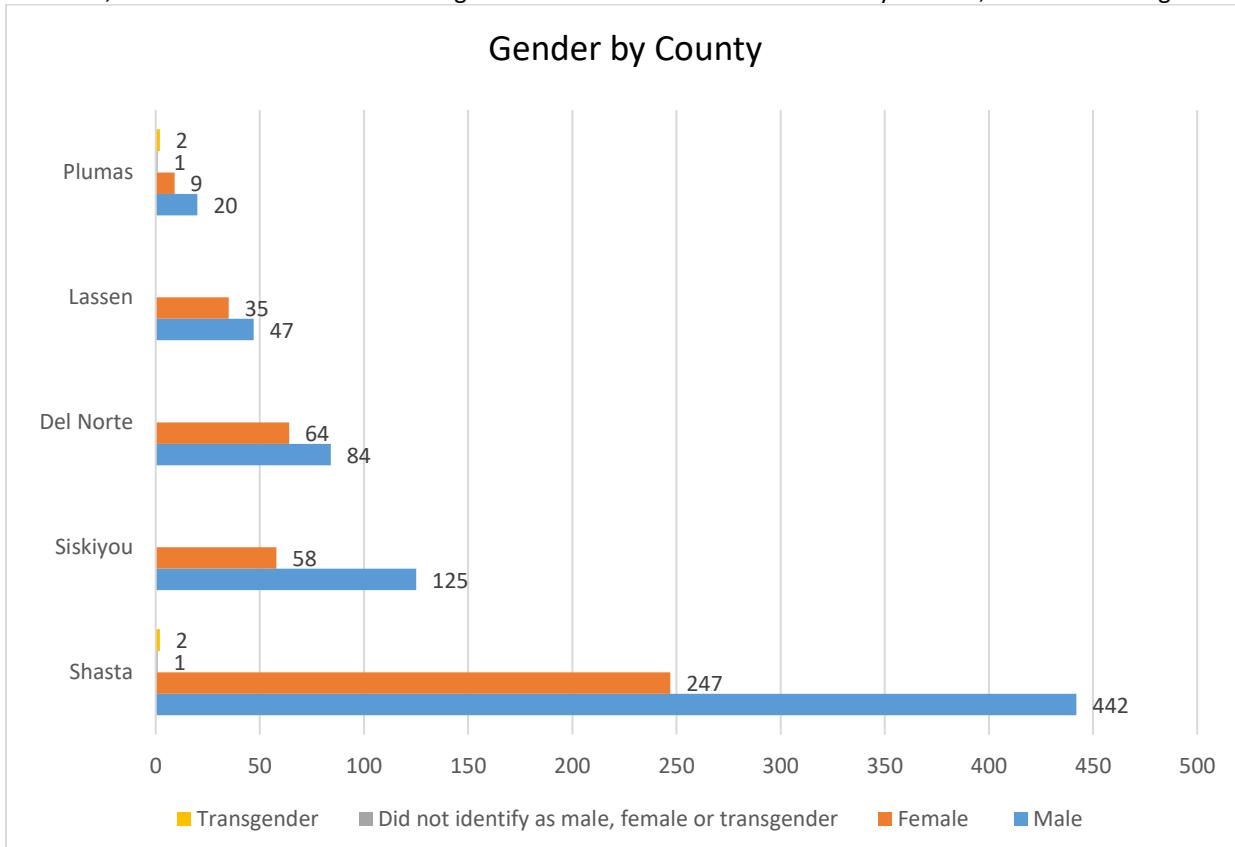
Age

Over 84% of survey participants were over age 24, while 11% were between the ages of 18 and 24 years. The number of children under age 18 represents 5% of the survey population. People who are homeless often experience poor health and are subject to early and premature deaths with age of death occurring decades earlier than for the general population (Hwang, S. W., et al. (2009); Megaphone (2016)).

Age 2015 - 2018

Year	Persons over Age 24	Person Age 18 to 24	Children under Age 18
2015	491	52	48
2016	975	171	119
2017	726	77	129
2018	966	51	132

Age by County

County	Children under Age 18	Persons Age 18 to 24	Persons over Age 24
Shasta	62	16	614
Siskiyou	16	14	151
Del Norte	22	7	119
Lassen	18	6	58
Plumas	4	7	23

11
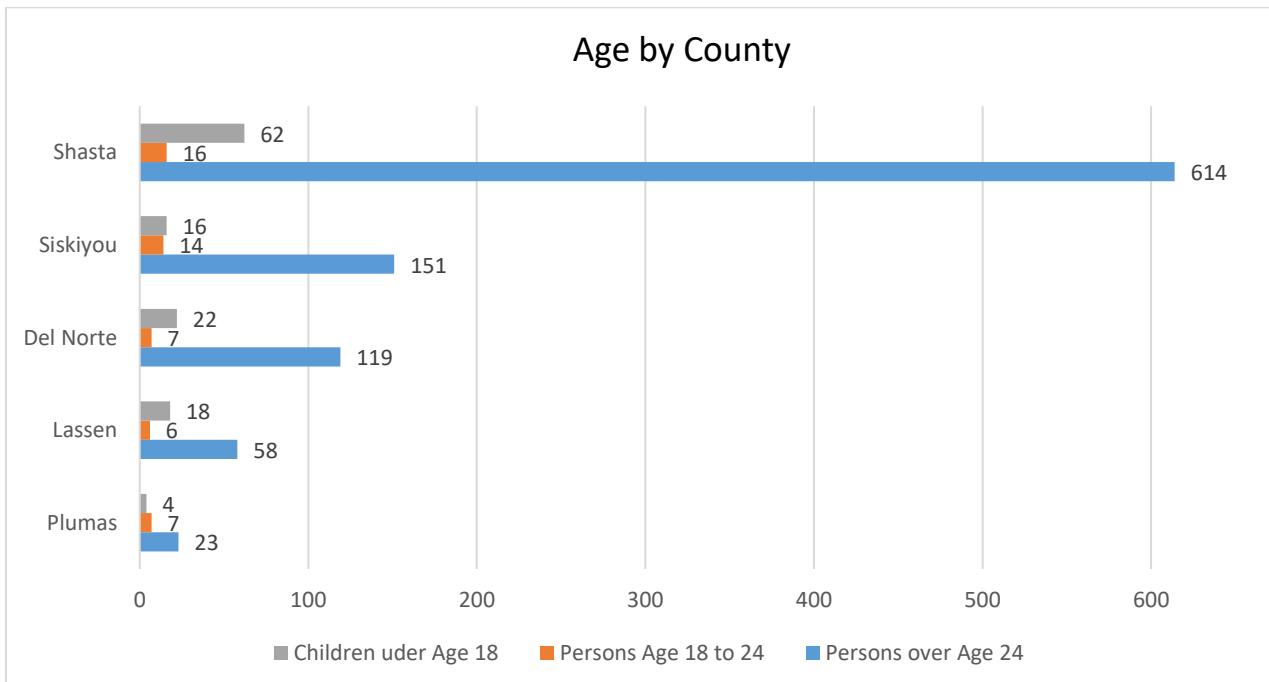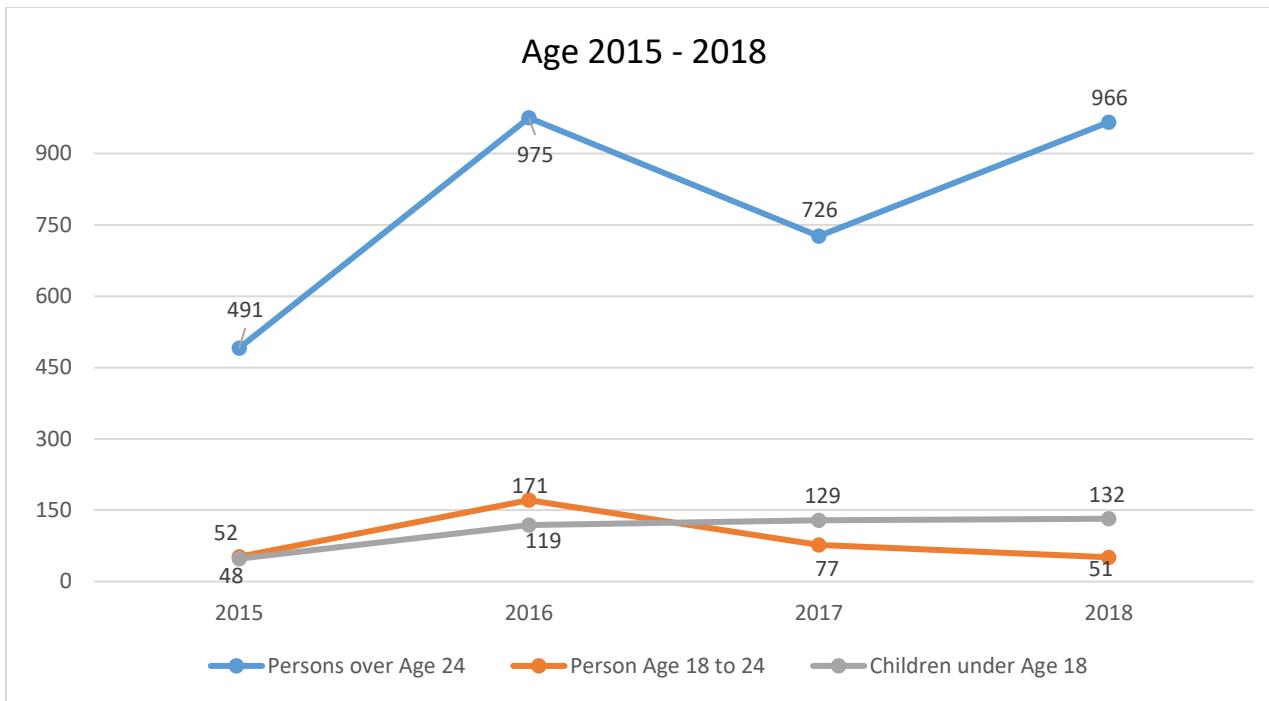
Race

82% of survey participants stated they were White, 4% were Black or African-American, 1% were Asian, 6% were American Indian or Alaska Native, 2% were Native Hawaiian or Other Pacific Islander, and 5% reported as being of mixed race.

Race 2015 - 2018
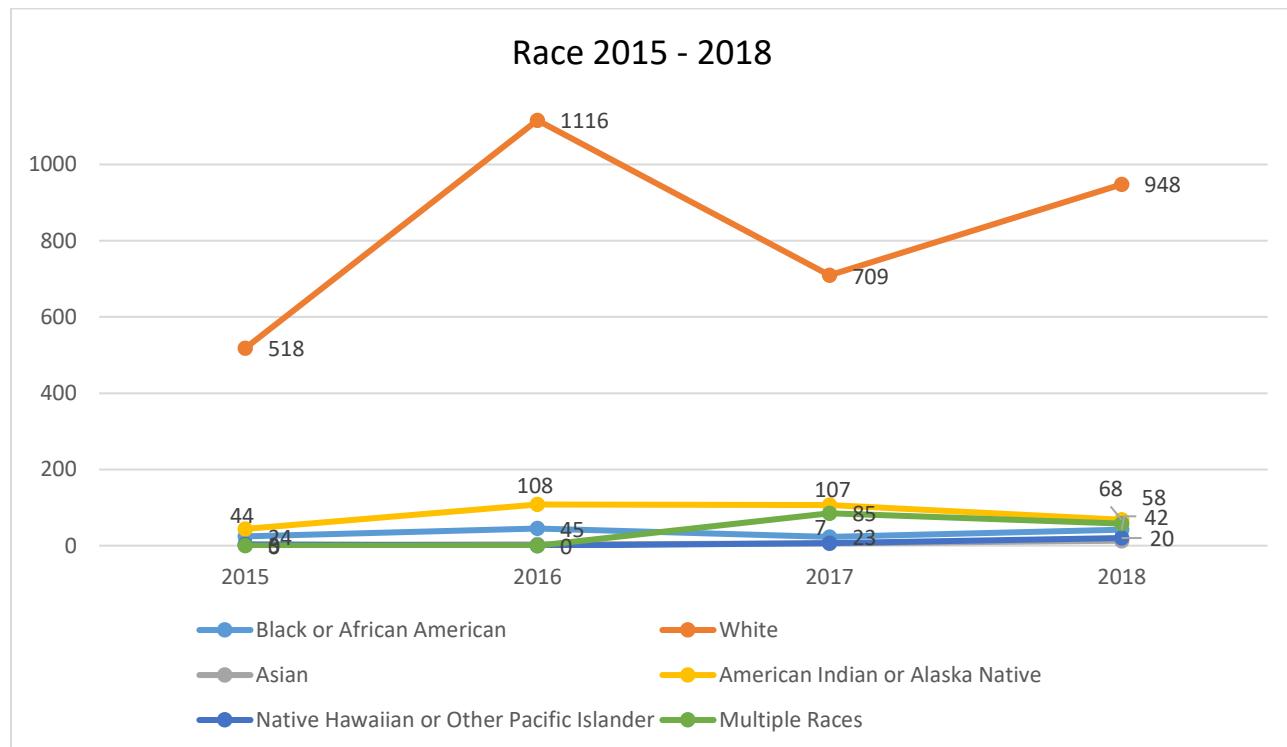
* Multiple Race data unavailable for 2018.

Race by County
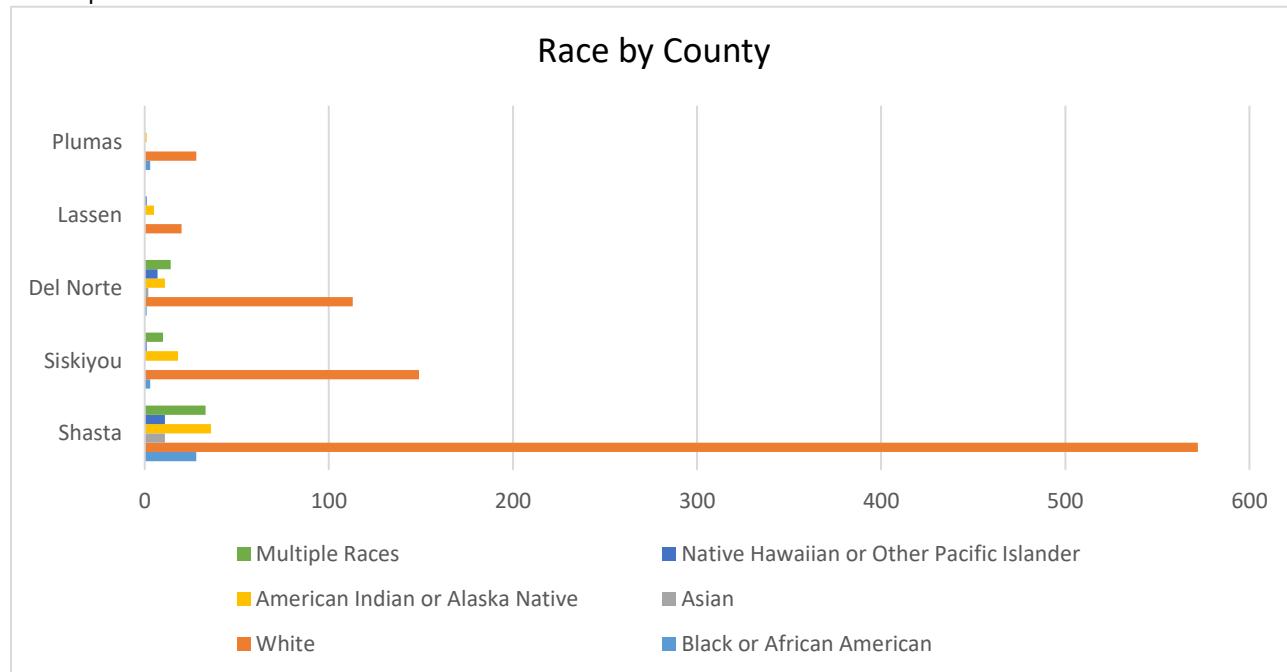
Domestic Violence

Survivors of domestic violence often become homeless as they flee the violence they are experiencing at home. The 2018 PIT study received surveys from 371 (32% of adults) who were victims of domestic violence. About 20% were staying in an emergency shelter, while just over 28% were staying in transitional housing, and 52% were living unsheltered.

Victims of Domestic Violence 2015 - 2018

Year	Value
2015	64
2017	193
2018	371

● Victims of Domestic Violence 2015 - 2018
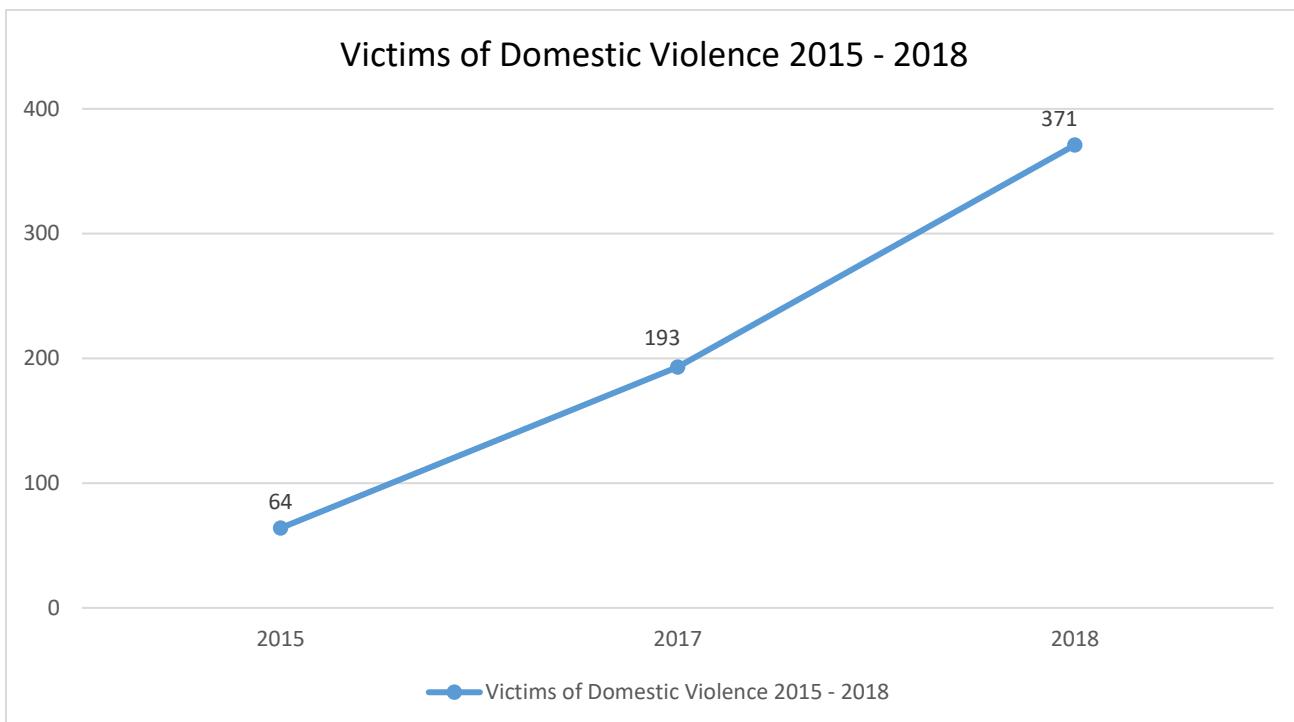
* Zero DV Victims reported for 2016.

Victims of Domestic Violence by County

County	Value
Plumas	6
Lassen	25
Del Norte	32
Siskiyou	65
Shatsa	172

■ Victims of Domestic Violence by County
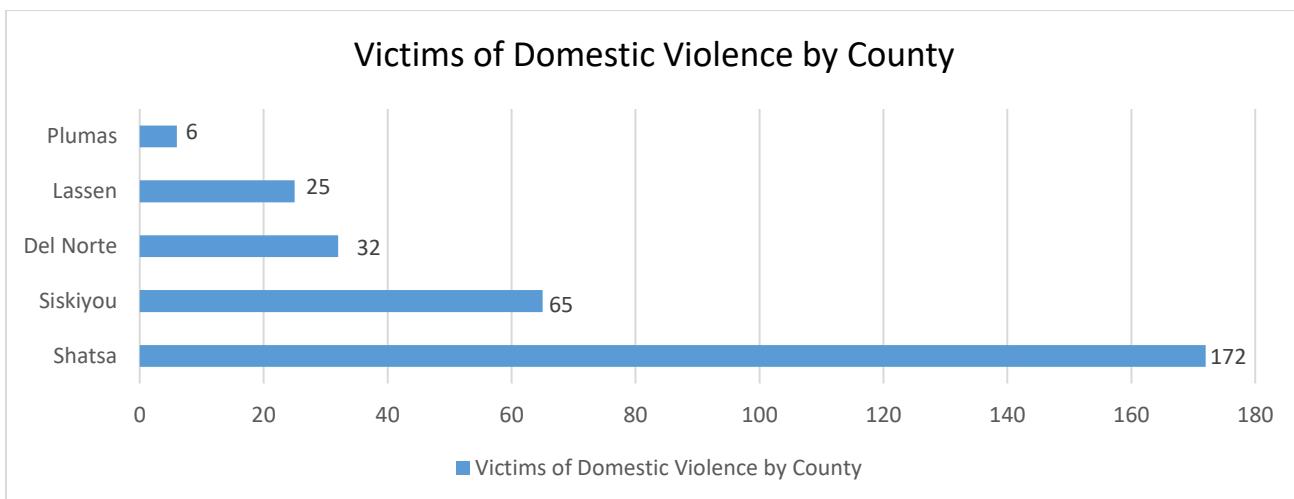
Disabling Conditions

The number of disabling conditions often increases as the length of time being homeless increases. A disability is a frequent contributing factor to a person becoming homeless in the first place, and without a stable home it becomes increasingly difficult to treat the condition. The chart below lists four disabling conditions and the number of people with those conditions in various living circumstances.

Disabling Conditions 2015 - 2018

Year	Mental Illness	Substance Abuse	HIV/AIDS
2015	286	301	15
2016	459	199	0
2017	389	337	8
2018	267	273	6

Disabiling Condition By County

County	HIV/AIDS	Substance Use Disorder	Mental Illness
Plumas		20	22
Lassen		24	16
Del Norte	1	18	22
Siskiyou	5	35	47
Shasta		176	160
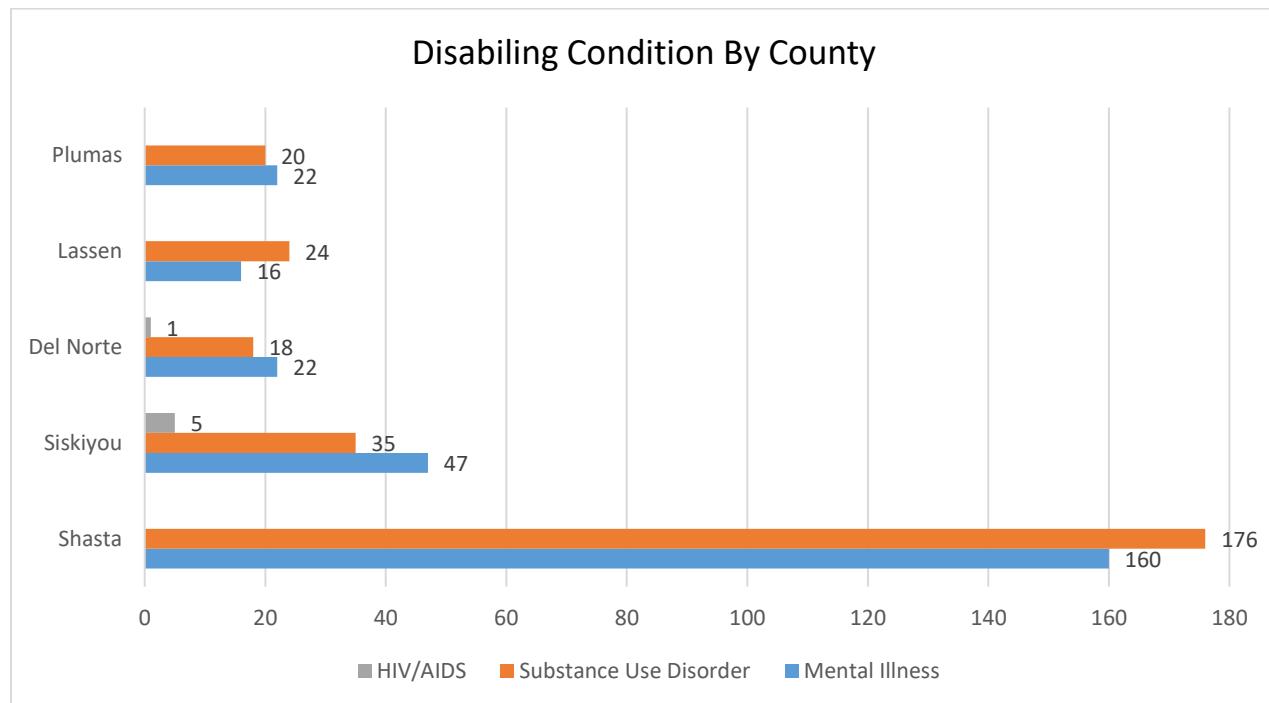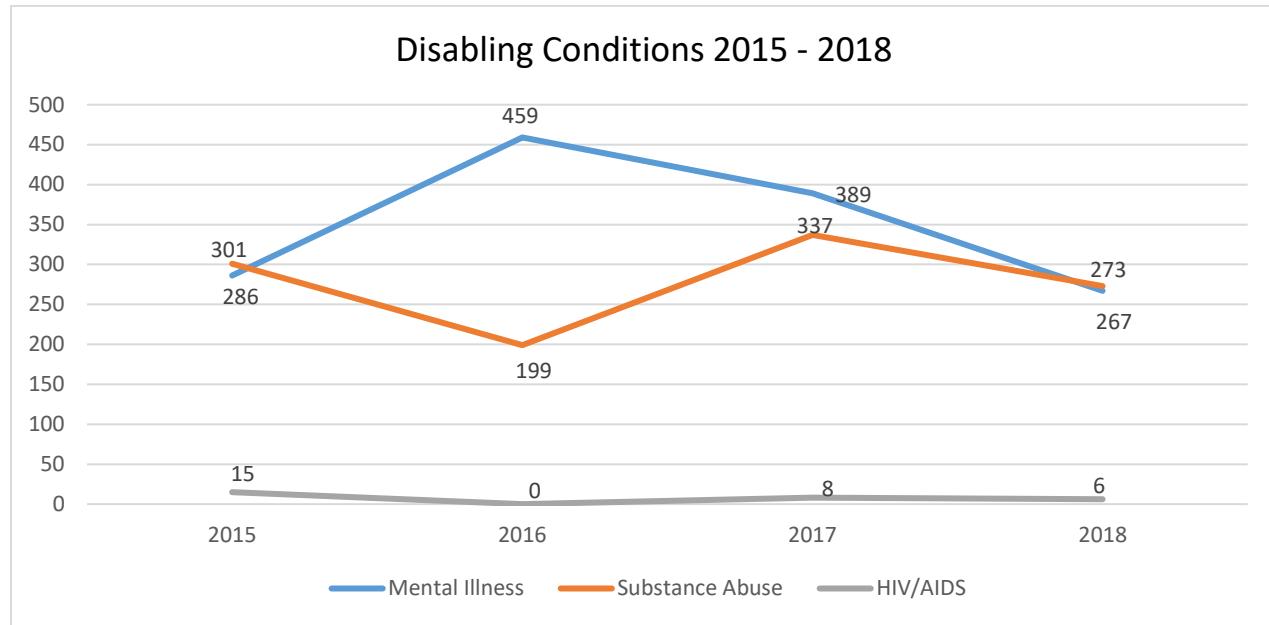
Continuum of Care Reports

Chart A: Total Households and Persons

Households & Individuals	Emergency Shelter	Transitional Housing	Unsheltered	Total
Total number of households	204	160	573	**937**
Total number of persons	248	211	690	**1149**
Number of children (under age 18)	37	49	46	**132**
Number of young adults (age 18 to 24)	19	7	25	**51**
Number of adults (over age 24)	192	155	619	**966**
Gender				
Female	89	72	251	**412**
Male	157	135	439	**731**
Transgender	0	4	0	**4**
Don't identify as male, female, or transgender	2	0	0	**2**
Ethnicity				
Non-Hispanic/Non-Latino	232	0	649	**881**
Hispanic/Latino	16	0	41	**57**
Race				
White	119	163	586	**868**
Black or African-American	9	15	18	**42**
Asian	4	6	3	**13**
American Indian or Alaska Native	21	10	38	**69**
Native Hawaiian or Other Pacific Islander	1	3	16	**20**
Multiple Races	14	14	30	**58**
Chronically Homeless				
Total number of persons	107	0	324	**431**

This chart represents the total number of persons who participated in the homeless survey that indicated they are homeless across all 7 counties.

Chart B: Persons in Households with at least one Adult and one Child

Households & Individuals	Emergency Shelter	Transitional Housing	Unsheltered	Total
Total number of households	13	21	22	**56**
Total number of persons	51	69	74	**194**
Number of children (under age 18)	37	45	43	**125**
Number of young adults (age 18 to 24)	1	2	2	**5**
Number of adults (over age 24)	13	22	29	**64**
Gender				
Female	33	35	36	**104**
Male	18	34	38	**90**
Transgender	0	0	0	**0**
Don't identify as male, female, or transgender	0	0	0	**0**
Ethnicity				
Non-Hispanic/Non-Latino	51	52	67	**170**
Hispanic/Latino	0	17	7	**24**
Race				
White	33	42	64	**139**
Black or African-American	3	10	0	**13**
Asian	0	4	0	**4**
American Indian or Alaska Native	11	5	0	**16**
Native Hawaiian or Other Pacific Islander	0	2	0	**2**
Multiple Races	4	6	10	**20**
Chronically Homeless				
Total number of households	3	0	6	**9**
Total number of persons	9	0	19	**28**

***This chart represents all persons who participated in the homeless survey who indicated that had at least one child residing with them across all 7 counties ***

Chart C: Persons in Households with only Children

Households & Individuals	Emergency Shelter	Transitional Housing	Unsheltered	Total
Total number of households	0	1	1	**2**
Total number of children under 18	0	4	3	**7**
Gender				
Female	0	3	3	**6**
Male	0	1	0	**1**
Transgender	0	0	0	**0**
Don't identify as male, female, or transgender	0	0	0	**0**
Ethnicity				
Non-Hispanic/Non-Latino	0	4	3	**7**
Hispanic/Latino	0	0	0	**0**
Race				
White	0	3	3	**6**
Black or African-American	0	0	0	**0**
Asian	0	0	0	**0**
American Indian or Alaska Native	0	0	0	**0**
Native Hawaiian or Other Pacific Islander	0	0	0	**0**
Multiple Races	0	1	0	**1**
Chronically Homeless				
Total number of persons	0	0	0	**0**

*** This chart represents households who participated in the homeless survey who indicated they are under the age of 18 that lived together without an adult present in the household across all 7 counties***

Chart D: Persons in Households without Children

Households & Individuals	Emergency Shelter	Transitional Housing	Unsheltered	Total
Total number of households	191	138	550	**879**
Total number of persons	197	138	613	**948**
Number of young adults (age 18 to 24)	18	5	23	**46**
Number of adults (over age 24)	179	135	588	**902**
Gender				
Female	56	34	212	**302**
Male	139	100	401	**640**
Transgender	0	4	0	**4**
Don't identify as male, female, or transgender	2	0	0	**2**
Ethnicity				
Non-Hispanic/Non-Latino	181	133	579	**893**
Hispanic/Latino	16	5	34	**55**
Race				
White	166	118	519	**803**
Black or African-American	6	5	18	**29**
Asian	4	2	3	**9**
American Indian or Alaska Native	10	5	37	**52**
Native Hawaiian or Other Pacific Islander	1	1	16	**18**
Multiple Races	10	7	20	**37**
Chronically Homeless				
Total number of persons	98	0	305	**403**

*** This chart represents households who participated in the homeless survey that are made up of persons without children residing in the household across all 7 counties ***

Chart E: Veterans

Households & Individuals	Emergency Shelter	Transitional Housing	Unsheltered	Total
Total number of unaccompanied households	18	38	68	**124**
Total number of unaccompanied persons	18	39	71	**128**
Total Number of Veterans	18	38	68	**124**
Gender				
Female	2	8	12	**22**
Male	16	30	56	**102**
Transgender	0	0	0	**0**
Don't identify as male, female, or transgender	0	0	0	**0**
Ethnicity				
Non-Hispanic/Non-Latino	17	37	68	**122**
Hispanic/Latino	1	1	0	**2**
Race				
White	13	36	60	**109**
Black or African-American	1	1	3	**5**
Asian	0	0	0	**0**
American Indian or Alaska Native	4	1	2	**7**
Native Hawaiian or Other Pacific Islander	0	0	1	**1**
Multiple Races	0	0	2	**2**
Chronically Homeless				
Total number of persons	13	0	50	**63**

*** This chart represents persons who participated in the homeless survey who indicated that they are a veteran across all 7 counties ***

Chart F: Unaccompanied Youth Households

Households & Individuals	Emergency Shelter	Transitional Housing	Unsheltered	Total
Total number of unaccompanied youth households	17	6	19	**42**
Total number of unaccompanied youth	18	6	24	**48**
Number of children (under age 18)	0	1	1	**2**
Number of young adults (age 18 to 24)	18	5	23	**46**
Gender				
Female	3	4	14	**21**
Male	15	2	10	**27**
Transgender	0	0	0	**0**
Don't identify as male, female, or transgender	0	0	0	**0**
Ethnicity				
Non-Hispanic/Non-Latino	15	6	23	**44**
Hispanic/Latino	3	0	1	**4**
Race				
White	13	6	20	**39**
Black or African-American	1	0	0	**1**
Asian	2	0	0	**2**
American Indian or Alaska Native	1	0	1	**2**
Native Hawaiian or Other Pacific Islander	0	0	0	**0**
Multiple Races	1	0	3	**4**
Chronically Homeless				
Total number of persons	15	0	12	**27**

*** This chart represents persons who participated in the homeless survey who indicated they are between the ages of 18 and 24 and do not currently reside with their parent in the household across all 7 counties ***

Chart G: Parenting Youth Households

Households & Individuals	Emergency Shelter	Transitional Housing	Unsheltered	Total
Total number of parenting youth households	0	2	1	**3**
Total number of persons in households	0	8	4	**12**
Number of parenting youth (parent only)	0	2	2	**4**
Total Children in Parenting Youth Households	0	6	2	**8**
Number of Parenting Youth	0	0	1	**1**
Number of Children with parent under Age 18	0	3	1	**4**
Number of parenting youth (age 18 to 24)	0	2	1	**3**
Number of children with parenting Age 18 to 24	0	3	1	**4**
Gender				
Female	0	1	2	**3**
Male	0	1	0	**1**
Transgender	0	0	0	**0**
Don't identify as male, female, or transgender	0	0	0	**0**
Ethnicity				
Non-Hispanic/Non-Latino	0	2	2	**4**
Hispanic/Latino	0	0	0	**0**
Race				
White	0	1	2	**3**
Black or African-American	0	0	0	**0**
Asian	0	0	0	**0**
American Indian or Alaska Native	0	0	0	**0**
Native Hawaiian or Other Pacific Islander	0	0	0	**0**
Multiple Races	0	1	0	**1**
Chronically Homeless				
Total number of households	0	0	0	**0**
Total number of persons	0	0	0	**0**

*** This chart represents the persons who participated in the homeless survey that indicated they are homeless persons with children, who are under the age of 24 across all 7 counties ***

Chart H: County Homeless Subpopulations

	Emergency Shelter	Transitional Housing	Unsheltered	Total
Adults with a Serious Mental Illness	62	43	162	**267**
Adults with a Substance Use Disorder	46	86	141	**273**
Adults with HIV/AIDS	0	0	6	**6**
Adult Survivors of Domestic Violence	73	105	193	**371**

*** This chart represents the persons who participated in the homeless survey that indicated yes to one or more of the following questions across all 7 counties ***

Chart I: Housing Inventory Count

Organizations	13
Total Projects	**34**
Transitional Housing	13
Emergency Shelter	10
Rapid Rehousing	6
Permanent Supportive Housing	5
Total Beds	**770**
Transitional Housing	207
Emergency Shelter	314
Rapid Rehousing	188
Permanent Supportive Housing	61
Beds used	**693**
Transitional Housing	183
Emergency Shelter	276
Rapid Rehousing	188
Permanent Supportive Housing	46
Utilization Rate	**90%**
Transitional Housing	88%
Emergency Shelter	88%
Rapid Rehousing	100%
Permanent Supportive Housing	75%

*** This chart represents the organizations across all 7 counties that have beds available on any given night for homeless individuals that fit the criteria of the organziation ***